

# WESTERN IOWA DEVELOPMENT ASSOCIATION COMMUNITY NEWSLETTER

March 2023

## Frosting Inc. Announces Move to New Location

Our beloved bakery gave customers a sneak peek into its' future plans last month. Owner, Kim Canada, revealed on social media that Frosting Inc. would soon be moving to a new location at 602 Highland Street in Walnut. The new storefront, located on main street, will lay a brand-new foundation for Frosting Inc. that Canada is very excited about. Previously located in the 1875 Bank Building, Kim will still be taking those orders and working from home until renovations on the new space are complete. Canada is anticipating the storefront being open by April with a new look and some exciting new bakery items as well. Besides her signature cupcakes, popular menu items include a newly rolled out gourmet cookie line, cakes, pies, cheesecakes, seasonal and holiday menus and special requests. Frosting Inc.'s wares have earned it a spot as one of our not-so-hidden, "hidden gems" of Pottawattamie County.

Canada is currently taking pre-orders for St. Patrick's Day, Easter, school graduation parties and your everyday celebrations. If you are missing walking in to see Kim, she is regularly available at local craft and vendor fairs. Follow the Frosting Inc. [Facebook Page](#) for updates, upcoming events and the ever-so-popular Cupcake March Madness. Orders can be placed by calling or emailing Kim at: (712) 249-5942, kimjcanada@gmail.com.



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## Food Truck Fridays Return for a Second Season

Launched in 2022 by The Occasional Collective owner, Alysia Hess, Food Truck Fridays have become a treat for Treynor and our surrounding communities. Food Trucks bring a new a new air of excitement with the variety of food they bring to the streets, the community formed around them, convenience, creativity, fun for the whole family and affordability. Yes, that's right. While many menu items being served up around the country carry hefty price tags in a fancy restaurant, food trucks still manage to be highly affordable on average topping out around \$10 to \$20 for a meal.

#FIRST FRIDAY

**FOOD TRUCK**

COMMUNITY COLLABORATION

EST. 2022

South Bank Parking Lot 11am-1pm

FRIDAY, MARCH 3RD	GAME TIME EATS - Folded Pizzas
FRIDAY, APRIL 7TH	KGB GOURMET FOOD TRUCK
FRIDAY, MAY 5TH	STREETSIDE FOODS
FRIDAY, JUNE 2ND	TEENY WEENY WIENER WAGON
FRIDAY, JULY 7TH	PIMS THAI
FRIDAY, AUGUST 4TH	SMOKIN GOOD TIMES
FRIDAY, SEPTEMBER 1ST	GAME TIME EATS

BROUGHT TO YOU BY **TS Bank** IGNITE PROSPERITY

Hess believes that connections with our neighbors will strengthen the bonds that rural areas need to survive, and that supporting local entrepreneurs will only further fuel local commerce. Along with Food Truck Fridays, Hess has collaborated with and featured products from nearly 100 independent entrepreneurs and producers since opening the doors last year. With a background in conservation, the shop is a testament to what Hess holds most dear: sustainability, inclusivity and community, with 85% of the products in store coming from Iowa and Nebraska. Her goal of supporting and elevating other small businesses knows no bounds, and she encourages those looking for more exposure to reach out to collaborate with a pop-up event at the store. If YOU are interested in getting on the schedule for a pop-up opportunity OR on the Food Truck Friday schedule for 2024, email Alysia at [theoccasionalcollective.ia@gmail.com](mailto:theoccasionalcollective.ia@gmail.com)

“ It is nice when community members jump in and try to improve offerings for the City of Treynor with events like Food Truck Fridays. The Occasional Collective is working to bring more things for people in Treynor to enjoy. I look forward to Fridays!

Michael Holton  
Treynor City Administrator



Food Truck Fridays are held the First Friday of each month from 11:00 am to 1:00 pm and are hosted by [TS Bank](#). Join us for the next one in the South Parking Lot located at 15 E Main Street, Treynor.

Follow The Occasional Collective on social media for more upcoming events and collaborations and shop online.



Shop. Eat. Stay. Live. Explore. Western Iowa.

## You're Home: A History of Pottawattamie County

Through ongoing programming and initiatives, Pottawattamie Arts, Culture & Entertainment continues to strengthen our communities by showcasing the small museums (all important stewards of local and national history) of Pottawattamie County in their newest and perhaps "grandest" exhibit, "You're Home": A History of Pottawattamie County. Stop into the HOFF Family Arts & Culture Center in Council Bluffs to enjoy a walk-through in time with historic artifacts featured from all of these amazing museums and more.

Sweet Vale of Avoca Museum  
Nishna Heritage Museum of Oakland  
Walnut Creek Historical Museum  
Pioneer Trail Museum  
Walnut Creek Historical Museum  
Western Historic Trails Center  
Rails West Museum  
Squirrel Cage Jail  
Historic General Dodge House

You can't tell the story of America without including tales from the beautiful state of Iowa, and western Iowa has many to tell. Immerse yourself in the exhibit and the different facets of the county's fascinating past as well as stories and cultures that are unique just to our area. The exhibit is open now through May 6 and can be viewed on Fridays from 6:00 to 9:00 pm and on Saturdays from Noon to 4:00 pm. For more information, please visit: [www.paceartsiowa.org/exhibits](http://www.paceartsiowa.org/exhibits).

Start your journey into our past at the HOFF then take some time to explore the museums and some of our historical sites more in-depth in the new year. Our curators and volunteers at our museums have an immense sense of pride in preserving and telling our stories for generations to come.

HOFF Family Arts & Culture Center  
1001 South 6th Street  
Council Bluffs, Iowa 51501  
[PACEArtsIowa.org](http://PACEArtsIowa.org)

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Email: [craig@hummelins.com](mailto:craig@hummelins.com)



*Frosting, Inc.*  
EST. 2017

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## Works of Local Artist Featured at The Wilson

For Southwest Iowa artist, Barbie Bluml, life just got a little more beautiful after being chosen as guest artist at The Wilson Performing Arts Center in Red Oak. Her work will be on display and for sale in the lobby for the months of March and April. Bluml grew up on a farm near Macedonia, Iowa and has loved looking at, studying, and creating art for as long as she can remember. As a child, she learned about basic art principles and techniques from Joan Scott, a talented area artist. Joan also introduced her to a variety of artists and creative styles that inspired and mesmerized her.

Barbie studied Art at Dana College before changing her major to social work. She graduated with a BSW in 1994 and has been working with children and families throughout her career. She and her husband, Shawn, live in Carson, Iowa and have four adult children. Barbie uses oil pen and acrylic to create pieces that often combine stylized and representational creative styles. Her paintings are full of vibrant color and whimsy. Since 2015, most of her paintings have been done on vintage windows. She finds the process of painting on glass especially exciting because she is working in reverse order, painting from foreground to background rather than background to foreground. Turning a window over - whether it's to check progress or see the completed painting - is thrilling every single time!

The Wilson Performing Art Center is a hub for the arts in Southwest Iowa, from visual to performance art, contemporary to folk art – and everything in between. Stop in for a visit soon.

“ If you hear a voice within you say, "you cannot paint," then by all means paint, and that voice will be silenced.

Vincent Van Gogh



Wilson Performing Arts Center  
 300 Commerce Drive, Red Oak, Iowa 51566  
[WilsonArtsCenter.org](http://WilsonArtsCenter.org)



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## Worthy Cause Amber Ale Recipient

The Community Foundation's Impact Fund is being recognized as a "worthy cause" by Full Fledged Brewing Company! The Community Foundation for Western Iowa will receive a portion of "Worthy Cause Amber Ale" taproom proceeds for the months of January through June! Anyone who visits Full Fledged NOW through June 30 and purchases Worthy Cause Amber Ale can support the Impact Fund - a fund that supports projects and programming throughout Pottawattamie County.

DONATE TO THE  
IMPACT FUND HERE



## Community Impact Grant Open Through March 31

Community Grants are available to organizations whose innovative and meaningful work align with the Community Foundation for Western Iowa's mission to improve the lives of all Pottawattamie County residents. Grant awards range from \$500 to \$5,000.

### WHO IS ELIGIBLE TO APPLY?

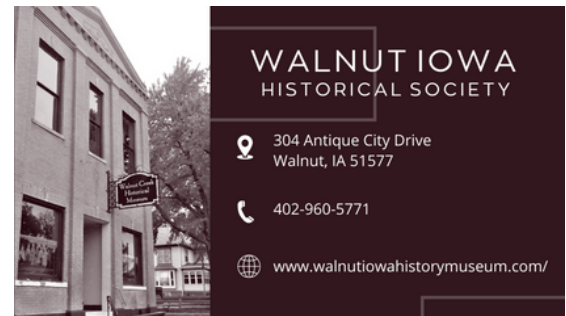
Any tax-exempt, nonprofit organization, governmental entity or church - using the funds for charitable purposes and proposing a project meeting the Community Foundation's mission to improve the lives of all residents of Pottawattamie County - is eligible to apply.

### WHEN IS THE DEADLINE?

2023 Grant applications are due by 11:59 p.m. on March 31.

Find out more on the website:

<https://www.givewesterniowa.org/nonprofits/grant-opportunity>



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## Help Determine Pottawattamie's Best

Twenty nominees were recently announced for the Omaha Metropolitan Tourism Awards, aimed to highlight businesses and area destinations which unite the community and show exceptional hospitality to better the experience for visitors to Pottawattamie County. Nominations are submitted in four categories each year followed by a voting period to determine winners in each: best retail business, best restaurant, best attraction and best hotel.

An astounding 1,600 nominations were placed and now our rural businesses need your vote! The top 5 in each category now move on to a final voting phase from **March 3 - April 3**. Rural favorites nominated include: The Back Forty in Macedonia (restaurant), Garcia's Family Mexican Restaurant in Underwood (restaurant), The Occasional Collective of Treynor (retail), The Unique Boutique of Iowa in Underwood (retail), and 4 nominees for best attraction including Dreamland Theatre in Carson, Hitchcock Nature Center in Honey Creek Prairie Crossing Vineyard in Treynor and Mt. Crescent in Crescent. Your constant support is the fuel that makes these businesses strive for excellence; help them out by **VOTING DAILY THROUGH APRIL 3**.

## VOTE DAILY HERE

Winners will be announced and highlighted on billboards and in promotional videos on social media May 7-13 during National Travel & Tourism Week.

The Omaha Metropolitan Area Tourism Awards are brought to you by these partner destinations:

[Council Bluffs Convention & Visitors Bureau](#)

[Visit Omaha](#)

[Sarpy County Tourism](#)

## Do-Good Days Wednesday, April 19 - Saturday, April 22



SHARE Omaha + SHARE Iowa are excited to partner and power the 2023 Do Good Days! In the spirit of National Volunteer Week, take time to volunteer and honor what doing good means to you. Start planning how you'll make a difference during Do Good Days. Consider where you'll donate, what items you'll collect, and where you want to volunteer. April 19-22 will be here before we know it.

Want to participate early? Go for it! [SHARE Omaha](#) and [SHARE Iowa](#) are here, 365 days a year, for a reason! Click the links below for more information.

[FIND A NONPROFIT](#)

[VOLUNTEER](#)

[ATTEND EVENTS](#)

[SHOP FOR GOOD](#)

### Share Iowa Announces Do-Gooder of the Year Award



Share Iowa by the Community Foundation for Western Iowa, is thrilled to announce the "Do-Gooder of the Year" award, a \*NEW\* annual award honoring an individual who has demonstrated a strong commitment to their community involvement and volunteer service. Only volunteers of registered SHARE Iowa members are eligible to win.

[Nominate a volunteer today!](#)



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## Member Blog with Craig Hummel of Oakland

### A Quick Guide to Motorcycle Insurance

With spring weather just around the corner, our thoughts turn to outdoor activities and one of the activities that has increased dramatically over the past few years is motorcycle riding. No doubt about it, motorcycle ownership is on the rise. If you're considering a breezier way to get around, then motorcycle insurance is the key to safe and happy riding. These basics will ensure you have a good understanding of motorcycle insurance before you choose a policy.

### What Is It?

In the event of an accident, theft, or another unforeseeable incident, motorcycle insurance will ensure you and your loved ones are financially protected. Your policy will include liability coverage, so you aren't forced to pay out of pocket for another person's injuries or property damage. Other types of coverage are often optional and can be added based on your needs. Collision insurance will cover damage to your vehicle resulting from a collision with another vehicle. Your insurance company will subtract your deductible from the coverage they offer. Comprehensive coverage applies to damages resulting from fire, theft, vandalism, or other events. Depending on your state, other options might include medical payment coverage and personal injury coverage.

### Why Do You Need It?

In 2017, there were 89,000 motorcycle-related injuries. There's no denying that driving a motorcycle comes with unique risks. Motorcycles are easier to steal, strip for parts, and resell. Also, because they're small and easy to maneuver, they can go undetected by other vehicles. Plus, motorcycles don't come equipped with the protective devices you find in cars like seat belts and air bags. You'll feel safer and more relaxed, riding on back roads or the highway, knowing you're covered in case of an emergency.

...continued on next page



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## Member Blog with Craig Hummel Continued

### What Are State Requirements?

In most states, motorcycle owners are required to purchase motorcycle insurance. However, requirements vary by state and match car insurance minimums. For example, in Iowa requirements include \$20,000 in bodily injury liability per person, \$40,000 in bodily injury liability per accident, and \$15,000 in property damage liability per accident. Keep in mind that minimum liability coverage likely won't cover legal fees or medical bills associated with an accident. Consult your insurer about how to best prepare for the unknown.

Enjoy protected rides with motorcycle insurance from Hummel Insurance Services in Oakland, IA. Whether you're looking for business or personal insurance, they offer a range of policies to keep you safe in different scenarios. For over 75 years, this insurance agency has provided customers with attentive service. Their team stays in the know about the latest developments in the industry to ensure you make an informed decision. Choose from policies by the most reputable providers and at the most competitive rates. Call (712) 482-6424 for a safer road ahead or learn more online.



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Your generous and ongoing support provides our 501(c)6 nonprofit organization with the resources necessary to promote our members and western Iowa communities, to advocate for a favorable economic climate and quality lifestyle, and promote overall tourism in the region. Building strong, thriving business communities takes each of us working together, and WIDA is proud to serve as a resource, connection, and voice for business.

1977

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636

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1032

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We invite the public to support our trusted WIDA members and businesses listed in the newsletter when seeking products and services. Interested in becoming a member yourself? Please visit [www.widaiowa.org](http://www.widaiowa.org).

## Connect With Us

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INCENTIVE

WE WANT TO HEAR  
FROM YOU



WIDA is asking our members to keep us in mind when you want to share your business events, successes and information with the community. There is no cost to you as a member. Whether it is exciting news regarding your business or an upcoming event, we will find the perfect way to showcase your information. Send a description of what you would like to share, and we will be happy to place your news in our newsletter and on the WIDA Facebook page. If we don't know about it, we can't share it.

Send your news in by the 20th of every month to: [WesternIowaDevelopment@outlook.com](mailto:WesternIowaDevelopment@outlook.com) to be included in the newsletter. For more information, you can also call us at (531) 800-1301.

As an added incentive, you can also submit your upcoming event information for distribution in the Council Bluffs and Omaha area to [WattaWayIA.com](http://WattaWayIA.com). Please direct any questions to email [eschwaller@unleashcb.com](mailto:eschwaller@unleashcb.com).

## Ribbon Cutting Ceremony Information

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Congratulations! If you are reading this, you must be getting ready to celebrate the opening of a new business, an anniversary, or the relocation/expansion of an existing business in western Iowa. We are excited for your success and appreciate the opportunity to help you mark this momentous occasion. A ribbon cutting can inaugurate a business's first day or it can take place after your soft opening. We provide these services absolutely free to businesses in our area.

### WHAT ARE THE BENEFITS OF HOLDING A RIBBON CUTTING?

Because the ribbon cutting marks a significant moment in the business's history, this is a great photo opportunity to record. The ribbon cutting ceremony gives the owner a chance to introduce themselves to those gathered and the community at large to talk about what their business does. Word-of-mouth can travel farther than you might think. Owners have also used this time to publicly thank their financial backers, employees, family and friends, and/or business partners. WIDA will gladly coordinate with your city officials, invite our Board of Directors and business members to attend, promote your event on our website, Facebook page and newsletter (if submitted ahead). Our staff will arrive at your location with ribbon and official ceremonial scissors, as well as take photos and share them with you, on our social media and in the next newsletter. WIDA has a large reach within western Iowa, and we want others to hear about your business.

### THINGS TO CONSIDER ABOUT YOUR RIBBON CUTTING

**WHO** will cut the ribbon? The owners or top executives most frequently do the honors, but each organization is different and can pick whomever they like. **WHEN** will you hold your event? We find that Wednesday-Fridays, midday over the lunch hour, late afternoon, or early evenings draw the largest crowds. Getting the word out 3-4 weeks in advance is highly recommended for maximum exposure and attendance. **WHAT** you wish to share prior to cutting the ribbon. You can thank those who helped along the process, how you came about starting your journey, or share any specials or upcoming events. Please limit your speech to 3 minutes or one page of notes. **HOW** to maximize the event. Consider telling all of your family and friends and sending invites to clients. Offer drawings/raffles to collect business cards to build your database. Typical events only last 15-30 minutes. Drinks, refreshments, decorations and door prizes are optional and up to you. Keep in mind, however, that the actual ribbon cutting ceremony is typically short and sweet. Your grand opening celebration with others can keep going as long as you wish.



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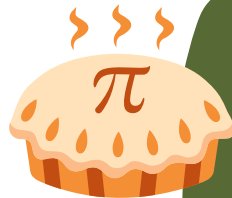
## Upcoming Events

Saturday, March 11  
**Spring Craft and Vendor Fair**  
**FEATURING FROSTING INC.**  
10 am to 4 pm  
Boulders Event Center  
2507 Boulders Dr, Denison

Saturday, March 11  
**Hodges Smokehouse Catering Open House**  
11 am to 1 pm  
Minden Community Club  
102 Broadway St., Minden

Sunday, March 12  
**Wedding & Event Expo**  
**FEATURING OHANA SHAVED ICE & FROSTING INC.**  
11 am to 3 pm  
UMBA Hall  
300 2nd Ave., Underwood

Monday, March 13  
**Treynor American Legion Fish Fry**  
5:30 to 7 pm  
Treynor Community Center  
11 W Main St., Treynor



**133 YEARS**

Is the approximate amount of time it would take a person to recite the 6.4 billion known digits of Pi without stopping. Happy Pi Day!

Saturday, March 17  
**HAPPY ST. PATRICKS DAY**

## Upcoming Events

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Friday, March 17

**Knights of Columbia Fish Fry**

5:30 to 7 pm

Avoca Veterans Community Center

112 N Elm St., Avoca

Saturday, March 18

**Life on the Moon, Mars & Beyond**

10 to 11 am

Avoca Public Library

213 N Elm Street, Avoca

Tuesday, March 21

**SW Iowa Mental Health and Substance Abuse Fund Breakfast**

7:30 am - 9 am

\$10/person, Register [HERE](#)

Holiday Inn Hotel & Suites

2202 River Rd, Council Bluffs

Wednesday, March 22

**Moon, Mars & Beyond Family Game Night**

6 to 7 pm

Avoca Public Library

213 N Elm Street, Avoca

Saturday, March 25

**Moon, Mars & Beyond Space Camp**

10 to 11 am

Avoca Public Library

213 N Elm Street, Avoca

Saturday, March 25

**Spring Equinox Woodland Wander**

2 to 4 pm

\$10 per person, ages 16+

Register [HERE](#)

Hitchcock Nature Center

27792 Ski Hill Loop, Honey Creek

\*\*\*[MORE Pottawattamie Conservation Events](#) [HERE](#)



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Organized in October of 2000 for the purpose of preserving, restoring, and maintaining the area historic buildings and Macedonia area history.

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OmniTel.biz	 
105 N West Street Truro, IA 50257	



## Upcoming Events

Saturday, March 25  
**Pulled Pork Supper & HAM BINGO**  
 Serving at 5 pm; BINGO at 6:30 pm  
 Hancock Fire Station  
 201 North Main St., Hancock

Sunday, March 26  
**Spring Craft Fair**  
**FEATURING FROSTING INC.**  
 10 am to 3 pm  
 Palace Event Center  
 33153 Highway 92, Treynor

Thursday, March 30  
**Native Seedling Identification with Dr. Tom Rosburg**  
 (Part of the virtual plant identification class series coordinated by Golden Hills RC&D)  
 7 pm to 8 pm: Online class via Zoom  
 Open to the public. Pre-registration required.  
 \$10 registration fee (+Eventbrite fee).  
 Register [HERE](#)

\*\*\*[MORE Golden Hills RC&D Events](#) [HERE](#)

<b>Artists Russell &amp; Penny Christensen</b>	
<b>Pennys Visions</b> <b>Art Gallery</b> 510 Front St Neola, Iowa 51559	<b>Celebrating</b> <b>35 years</b> <b>Bronzes</b> <b>Paintings</b> <b>Poems</b> <b>Art Classes</b> <b>Monuments</b> <b>phone/text</b> <b>712 242-7401</b>
	
<a href="http://www.eaglesofhonorproject.com">www.eaglesofhonorproject.com</a>	



Second Annual Succulent Bar  
 COMING SOON

Follow [The Unique Boutique Iowa](#)  
 for more details to come  
 26487 Mulberry Lane, Underwood

## Upcoming Events

March 31, April 1 & 2

Neil Simon's FOOLS

Presented by Grist Mill Fine Arts Council

March 31 playing at 7:30 pm

April 1 playing at 7:30 pm

April 2 playing at 2:00 pm

[RESERVATIONS HERE](#)

Grist Mill McCreedy Theatre

313 Main St., Macedonia

Saturday, April 1

West Pottawattamie Master Gardeners Conference

9 am to 2 pm

Arts Center at Iowa Western

2700 College Road Arts Center, Council Bluffs

Saturday, April 1

Mountain Oyster Feed

6 pm

Tickets: \$12 advanced, \$15 at the door

(Mt Oysters, Beans, Ham, Potatoes)

Walnut American Legion

227 Antique City Dr., Walnut

Sunday, April 2

A CHOCOLATE MYSTERY EVENT

2 to 4 pm

More details coming to FB page soon

[Prairie Crossing Winery](#)

31506 Pioneer Trail, Treynor



Saturday, April 8

Walnut Fire Department Annual Easter Egg Hunt

1 pm

Fireman's Park, Walnut

Age groups (0-3, Pre-K & Kindergarten, 1st & 2nd Grade, 3rd & 4th Grade)



PRESENTED BY: GRIST MILL FINE ARTS COUNCIL

**MARCH 31, APRIL 1 & 2**

AT THE GRIST MILL, McCREEDY THEATER, MACEDONIA, IOWA

"FOOLS" IS PRESENTED BY ARRANGEMENT WITH CONCORD THEATRICALS ON BEHALF OF SAMUEL FRENCH, INC.  
www.concordtheatricals.com

March 31, 7:30 p.m.; April 1, 7:30 p.m.; April 2, 2:00 p.m. Adults \$20, students \$5  
Call 712-486-2216 and leave a message for reservations. www.gristmillfinearts.com to check seating

## COMIC RELIEF: SPRING EDITION

Bo: These bunnies are really good!

MOM: They are.

Bo: Maybe the Easter Bunny 🐰 could get a big one 🐰 for me for Easter.

You know...from the "Easter Bunny". 🐰

MOM: Yes...I got it.

Lucy: Mom, for Mother's Day, I'm going to give you a ticket for hugs whenever you want one. When is Mother's Day?

MOM: I'm not sure of the date, but it is always on a Sunday.

Lucy: Ok, the ticket will be from Sunday to Wednesday.

MOM: So you get Thursday, Friday, and Saturday off from hugging me??

Lucy: Yep.

Me: 🙄

Provided by Susie Botos Sandquist

## Upcoming Events

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Wednesday, April 12

### Beginning Signs of Alzheimer's Program

6:30 pm

Contact Mindy to register: 833-870-5182

Avoca Public Library

213 N. Elm St., Avoca

Wednesday, April 19 - 22

### DO GOOD DAYS

SHARE Iowa

<https://www.sharegoodiowa.org>

Saturday, April 29

### Arrowhead Trail Run

8 am-12 pm: 4 Hour Enduro; 9 am: 5K; 9:05 am: 10K

Pricing: \$30 March, \$35 in April. Day of \$40 cash only.

Event T-shirt can be purchased for \$10 during registration OR you can pre-order during checkout. Deadline to order a T-shirt during registration is Wednesday, April 19th.

REGISTER [HERE](#)

Arrowhead Park

29357 310th St., Neola

Friday, May 5

### Loess Hills Native American History

6 to 9 pm

Archaeology program and hands-on atlatl spear-throwing

Free and open to the public. Registration encouraged.

Register [HERE](#)

Brent S. Olson Memorial Visitor Center

206 Polk St., Pisgah

Friday, June 16 - Sunday, June 18

### 40th Annual Walnut Antique Show

[www.walnutantiqueshow.com](http://www.walnutantiqueshow.com)



Saturday, July 1

### 5k Wine Run supporting Sail on and Fly High

9 am

Registration Includes:

- T-shirt: Super Soft Ring Spun Cotton t-shirt included!
- Wine Glass: Shatterproof, Collapsible, and Portable!
- Finisher Medal: A bottle stopper, corkscrew, and keychain lanyard all in one!
- Race Bib: Chip timed 5k run/walk
- Results Posted Online
- ...and of course, a pour of wine!

Register [HERE](#)

Prairie Crossing Winery

31506 Pioneer Trail, Treynor





## Upcoming Events

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We're not "kidding"! Goat Yoga is back for a sixth season at Honey Creek Creamery. Join owner, Sharon Oamek, for a unique country experience that allows you to improve your physical health, reduce stress and enhance mobility all while having fun with the baby goats playing around at your side.

### Goat Yoga & Wine

Friday evenings from 5:30 to 7:00 pm

\$45 with multiple dates to choose from starting April 14

### REGISTRATION

### Namaste Goat Yoga

Saturday mornings from 9 :00 am to 10:00 am

\$30 with multiple dates to choose from starting April 15

### REGISTRATION

BRING YOUR MAT AND CHARGE UP YOUR PHONE FOR THOSE GOAT SELFIES

Classes take place at Honey Creek Creamery  
25593 Old Lincoln Highway Honey Creek



STAYED TUNED  
More information about  
Stanley's Snack Shack  
coming soon...



## Dreamland Theatre Movies

Doors Open at 7 pm  
 Show Time at 7:30 pm  
 Tickets are \$4.00/person



### CREED III

Rated PG-13, Length: 1 hr 57 min  
 March 3, 4, 5, 10, 11, 12

### SHAZAM! FURY OF THE GODS

Rated PG, Length: 2 hr 10 min  
 March 17, 18, 19, 24, 25, 26

### CHAMPIONS

Rated PG-13, Length: 2 hr 3 min  
 March 31, April 1 & 2

Movie schedule subject to change due to film availability. Movie schedule updates can be found on [Facebook](#)

105 BROADWAY, CARSON, IOWA

**TREYNOR JAVA SUPPLY**  
 14 W MAIN STREET, TREYNOR IOWA 51575  
 (712) 487-3117  
 TREYNORJAVASUPPLY.COM

**Pottawattamie County**  
 Find Your Fire

**NACC COMMUNITY CENTER**  
 110 4th Street, Neola, IA 51559  
 712-485-2489

- 24 HR ACCESS
- CLASSES
- OPEN GYM

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